

Ordering uBiome Explorer & SmartGut

uBiome Explorer

The uBiome Gut Explorer test uses 16S rRNA gene sequencing to determine the composition of bacteria in a fecal sample. 16S sequencing can typically get down to the genus level, and in some cases the species level.

To order Gut Explorer, go to https://shop.ubiome.com/

The buying options are:

- \$89.00 for one-time purchase
 - Use code NGMED15 at checkout to bring it down to \$75.65 (I do get a small amount if you use this code)
- \$71.20 for subscribe and save (can cancel after 2 tests)
- \$199.00 for one-time purchase of three samples

I do typically ask that my clients do before and after-treatment testing, so please plan on getting at least two tests.



SmartGut uses the same technology as Explorer, but uBiome sends the test through your insurance. For a limited time, uBiome will pick up most of the cost that is not covered by insurance as part of their Patient Assistance Program.

Depending on the number of individuals in your household and your total household income, you can expect to be billed for \$0 - \$50 per test.

To order SmartGut, go to https://ubiome.com/clinical/smartgut/ and click on "Check your Eligibility". Complete the required information and submit to see how much your test will cost.

The default setting is to request 6 kits, so you will get to see how your microbiome changes over time, but you can change this setting if you like.

Note that it may take a bit longer to get your results with SmartGut than with Gut Explorer.



When you receive your results:

You will receive an email when your results are ready. If you ordered SmartGut, use your login to access the SmartGut dashboard. Scroll all the way down to the bottom and click "TRANSFER TO EXPLORER". Once your SmartGut samples are processed, they will appear in the Explorer dashboard.



If you ordered Gut Explorer, use your login to go directly to the Explorer dashboard.

Please take note of your microbial diversity score on this first page. Then click on "Advanced" in the top menu, and go to "Downloads".



If you have done multiple samples, make sure the correct sample is selected. Next, click "Download Taxonomy (CSV)". This will download an excel spreadsheet, which you can email to lucy@NGmedicine.com.



This raw data CSV file, along with your diversity score, is the only thing I will need in order to analyze your results. However, I would certainly encourage you to explore the various tabs and visualizations that uBiome offers in the Explorer dashboard.